

May 11th through May 31st



Infirmary Health will be onsite before/after shifts and during breaks during the following schedule:

Mon, 5/8	MMF (N1 & S5)	10:00am – 4:00pm
Tues, 5/9	FA (Mid-Yard BR)	10:00am – 4:00pm
Wed, 5/10	OC (Lobby)	9:00am – 3:00pm
Thurs, 5/11	OC (Lobby)	9:00am – 3:00pm

*Knowing your numbers in key health areas can show you how healthy you are and where there may be potential warning signs! **Employees participating in Biometric Screenings will be entered in a drawing to win a Yeti cooler or a \$100 gift card!***



Austal Annual Benefit Fair – May 11th in MUR A/B

This is a very informative and fun event! Up to 40 Austal preferred vendors as well as Austal Benefit Plan representatives will be on site to provide information about your Austal employee benefits.

Join us for information, great giveaways and door prizes!



Save a Life, Give Blood



Please consider giving blood!

Every 2 seconds someone needs blood, AND your blood donation can help save the lives of 3 people.

All blood donors will receive an American Red Cross T-shirt and placed in a drawing for a great gift!

**During Benefit Fair on 5/11
in MUR 9a – 3p**

**AND the Bloodmobile will
be parked at MMF 8a – 1p**